REPUBLIC OF KENYA

THIRD COUNTY ASSEMBLY – FIRST SESSION

THE COUNTY ASSEMBLY OF LAIKIPIA

ORDER PAPER

WEDNESDAY 30TH NOVEMBER, 2022 AT 2.30PM

PRAYERS

1. Administration of Oath
2. Communication from the Chair
3. Messages
4. Petitions
5. Papers
6. Notices of Motions
7. Statements

8*MOTION- PROMOTION OF MENTAL HEALTH FACILITIES FOR MOTHERS

Honorable Speaker, I beg to move the following motion;

THAT, **aware that** according to the World Health Organization, globally 10% of pregnant women and 13% of women who have just given birth experience a mental condition, referred to as perinatal depression, which is higher in developing countries with 15.6% during pregnancy, and 19.8% after child birth; **Further aware that** women who go through still birth and those that lose their children during delivery are taken to the general maternity ward where other mothers with healthy babies are recovering, causing them mental anguish and adversely impacting their mental health; **Noting that** integrating mental health care into primary healthcare settings requires training in psychiatric care and providing consulting support to primary care providers, considering that there are not enough mental health care providers to meet the current and growing need for mental health services; **Appreciating that** the Health Act under section 6 (1) (b) provides that every person has a right to reproductive health care which includes the right of access to appropriate health care services that will enable mothers

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go safely through pregnancy, childbirth, and the postpartum period which should include the integration of mental health in perinatal care as recommended by the National Mental Health Taskforce in its "Mental Health and Wellbeing towards Happiness and National Prosperity" report; this House **urges** the County Government in collaboration with the Ministry of Health to;

i. Ensure that all county health facilities with maternity wings, allocate a separate ward for recovery of the mothers who have gone through still birth or those that have lost their babies during delivery;
ii. Facilitate continuous mental health training and the provision of counselling support in the perinatal wards for all primary care providers in all Health facilities;
iii. Establish counselling facilities at all county health facilities with maternity wings to provide counselling therapy to mothers who lose their children through a miscarriage, during delivery, or through still birth; and
iv. Establish counselling facilities at all county health facilities with maternity wings to provide counselling therapy to mothers who are suffering from perinatal and postpartum depression.

(Hon. Caroline Kihika, Nominated Member of County Assembly)

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*__Denotes Orders of the Day__